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City smog levels get the all-clear

AIR QUALITY Edmontonians can breathe a little easier with the news that local air quality has returned to normal.

Alberta Health Services issued a warning to those in south and central areas over the weekend, after lingering toxins created an uncommon phenomenon in Edmonton: Smog.

Officials blame tainted air on an excess of idling engines and a build-up of pollutants trapped in a layer of stable air.

"The wind did pick up and, as a result of that, the pollutants dispersed," Alberta Environment spokesperson Erin Carrier said. "We're back in the 'good' quality range."

The advisory, targeted at those with respiratory problems, was lifted last night.

VICTORIA HANDSIDES/
METRO EDMONTON



Brent Irving and his five-year-old son, Griffin Irving, were among the first in the general public to take a good long look at pieces in the Art Gallery of Alberta, like Arnaud Maggs' multiple image portraiture project 48 Views.

Gallery's new views

Art Gallery of Alberta opens in new 'world-class' location

SunnySide

HARRY HODGE
harry.hodge@metronews.ca

Surreal soundscapes and unearthly images inside Starship Enterprise-type surroundings. The latest sci-fi flick? No, the public's first exposure to the Art Gallery of Alberta in its new digs.

The much-anticipated unveiling to the general public brought crowds galore to the new Churchill Square landmark yesterday, with hundreds stepping through the doors

free of charge on opening day to see works by Degas, Goya and countless others. New groups of visitors turned up every half-hour under the giveaway of timed tickets online, each with a time of day for that group to work around.

"It's used by a whole bunch of different museums," said communications officer Sarah Hoyles of the timed ticket concept. "It's all been positive. Everyone's been really patient."

"Today's really our first opening day, it's where we get the people in when the gallery is up and running." The Murder of Crows, a

"I think all Edmontonians desperately need something like this. It can be a fresh step to a great future."

Alyona Klyushina

sound installation by Janet Cardiff and George Bures Miller, took up the gallery's third floor with dozens of speakers and traces a dream by Cardiff with a link to Francisco Goya's etching, The Sleep of Reason Produces Monsters. The setpiece left Pigeon Lake resident Roger Cole amazed.

"(The AGA will) be a downtown draw," Cole said. "It's world-class."

Equally impressed were Edmonton visitors Dmitri Bokov and Alyona Klyushina as they made their way through a showcase of the works of photographer Yousuf Karsh.

"I think all Edmontonians desperately need something like this," Klyushina said. "It can be a fresh step to a great future."

For more information on the Art Gallery of Alberta, visit www.youraga.ca

Nurses may head south if U.S. passes health-care plan: Experts

HEALTH U.S. President Barack Obama's health-care package, although in political limbo, has nursing experts in Canada concerned about another exodus if provinces aren't vigilant in retaining nurses.

Canada will be short almost 66,000 registered nurses by 2022, says the Canadian Nurses Association. As of 2007, the country had 217,000 registered nurses delivering care but needed about 11,000 more. "We're always very concerned when we see potential of a renewed migration," said Rachel Bard, the CEO of the association.

"What is happening in the U.S. is a potential threat, because we already know that the United States is (going to be) short over 750,000 registered nurses (by 2020)."

If the health-care plan passes, the U.S. could embark on a renewed search for nurses abroad, Bard said. The country's emergence from the recession could also play into a demand for nurses.

In Alberta, only 40 per cent of the graduating class this year will be able to find work. The remaining 60 per cent are searching outside the province for employment, said Mary-Anne Robinson, the executive director of the College & Association of Registered Nurses of Alberta. The health regions cut budgets significantly last year and, as a result, there are less RNs available for patient care, she said.

THE CANADIAN PRESS

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Teachers' wages in province's sights?

EDUCATION Alberta's education minister says there won't be massive cuts within the education system, but has hinted teachers' wages may be up for discussion.

Dave Hancock spoke Friday to Alberta teachers at a conference. Despite speculation about \$300 million in cuts, Hancock says that won't happen when the provincial budget is announced on Feb. 9.

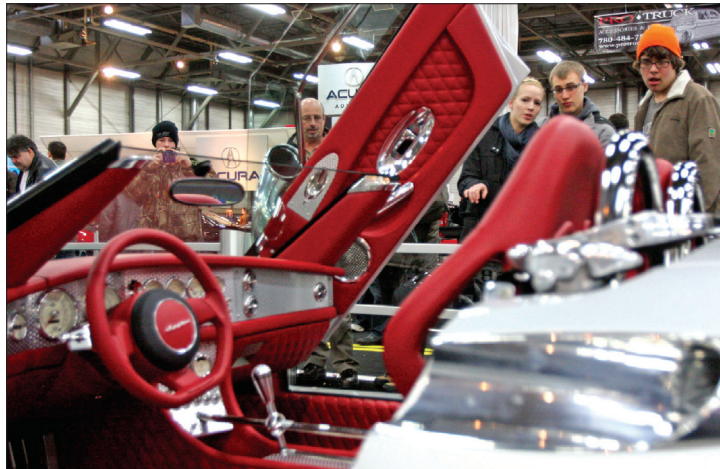
But the minister did admit a discussion about teachers' wages may be in the near future.

THE CANADIAN PRESS

News in brief

BONDS For the first time in years, the Alberta government is resorting to selling bonds to raise \$100 million to build long-term care and supportive-living facilities. The government said Friday that the bonds will go on sale Feb. 16 and will end March 1 or sooner if the sales target is reached.

THE CANADIAN PRESS



Onlookers ogled pricey machines like the Spyker. Reps said a few seriously considered buying the \$265,000 car through the course of the auto show, and predict it will have a new owner after the event.

Auto show traffic flows

Recession or not, buyers, dreamers flood event

VICTORIA HANDSIDES
victoria.handsides@metronews.ca

A rocky year for Canadian car manufacturers hasn't steered consumers in the wrong direction, as dealers watched a steady stream of human traffic drawn to shiny things that go 'vroom' this weekend.

"The auto industry is absolutely resilient. You can kick us, but we'll keep coming back," Edmonton Motor Show manager Bob Vilas said.

Thousands meandered through the halls of the recently-revamped Edmonton Expo Centre over the two-day auto show, ogling machines with six-figure price

tags, and thoughtfully considering new designs that match both needs and budgets.

Krystal and Curtis Hooble waited for the auto show to find the perfect new replacement for their minivan, well travelled by the family of five humans and two dogs.

"It has to be a democracy. Everyone has to have a little say, because we're all going to be using it," Curtis said. "Right now, the Honda Pilot is winning."

Crossovers like the Pilot are gaining popularity, diesel-burning vehicles are making a comeback, but the 'perfect' hybrid has yet to roll off the assembly line, Vilas said.

Despite mass layoffs at manufacturing plants, a bailout and brands disappearing, people are buying, he added.

He predicts changes to the industry will pave the way for reduced duplication, and that manufacturers will strive to retain individuality.

"It's better for the consumer — less complicated," he said. "The public will generally be the winner in this whole shakedown. No doubt about it, unprecedented times for our industry. This economic meltdown has affected everyone in the world, but if you take a look at our show, it's pretty healthy. Not a single square foot left."

Boyle residents get all clear after gas spill

EVACUATION About 30 residents were given the all clear to return home in Boyle after a fuel spill at a gas station.

Jim Giancola, deputy mayor of the community, says the fire department lifted the precautionary evacuation about 8 p.m. Saturday. He says Hwy. 831 was to reopen and cleanup crews continued to mop up the gasoline and remove contaminated sod.

A tanker was filling a gasoline reservoir at a Tempo station when it overflowed. Erin Carrier, an Alberta Environment spokesperson, says as much as 10,000 litres may have spilled.

Carrier says there don't appear to be any bodies of water nearby, though there is a storm drain in the area.

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EdmontonTweets

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Another architectural jewel in the heart of our amazing City! Art Gallery of Alberta is incredible!
@Bruce_Winter Bold Flames trade exposes Oilers cautious approach. Oilers Salary Cap largest impediment to talent acquisition & not much skill to offer.#yeg
@Johnnygeo Good to get out #geocaching & #running on a snowy Sunday in #yeg, wow, the trails are quiet around Fort Ed.Park???

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Reserve scrambles for supplies after fire

A fire inside the water treatment plant of the Yellow Quill First Nation has the reserve scrambling for alternate supplies, CBC News Online reports. The reserve is home to about 1,000 people and is located in the Rose Valley area, about 200 kilometres east of Saskatoon. **METRO NEWS SERVICES**

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Canada



Police seek missing Ontario woman

The Ontario Provincial Police took to the air yesterday as they ramped up their search for a Belleville woman who was last heard from on Thursday. The OPP deployed a helicopter over the Belleville area to look for Jessica Elizabeth Lloyd, 27, who disappeared under what police consider to be suspicious circumstances.

THE CANADIAN PRESS

Taliban wooing could backfire: Envoy

AFGHANISTAN Canada's top envoy in Afghanistan warns wooing the Taliban could backfire on coalition forces if peaceful Afghans feel put out.

William Crosbie, Canada's ambassador to Afghanistan, told reporters yesterday the gesture is pointless if others perceive the Taliban as being favoured.

A scheme to lure moderate militants from the insurgency's more radical elements emerged from a recent international conference in London.

The plan involves paying out hundreds of millions of dollars to low- and mid-level Taliban in the hopes they'll defect.

Jobs and vocational training to militants who lay down their arms would also be offered under the scheme.

But Crosbie cautioned against any move that

makes ordinary Afghans feel like the Taliban are getting a better deal than they are.

"There's no point developing some kind of a fund to which former insurgents are eligible if we're not equally providing support to Afghans who are not part of the insurgency now," he said.

"So we don't want to create the impression that somehow if you're a member of the insurgency that you would be uniquely be able to benefit from the fund. On the other hand, the fund can be used to complement and supplement the economic development efforts that we have underway already."

Other efforts to entice the Taliban to stop fighting generally haven't worked. Past incentives have tended to attract low-level fighters.

THE CANADIAN PRESS

Law and order Seeking to clear his name



Romeo Phillion laughs with his sister Simonne Snowdon and brother Armand Phillion after the Court of Appeal in Ontario overturned his decades-old murder conviction last year in this file photo. The court ordered a new trial, but made it clear it had not concluded Phillion was innocent. Phillion now wants the court to go one step further and exonerate him.

Ottawa keeps ears on North

Experimental listening devices installed at choke points of passage

A small team of scientists is returning to the icy shores of the Northwest Passage this summer to install experimental listening devices that could one day keep a 24-hour watch for anything travelling on, over or under waters Canada claims as its own.

"We're looking at surface shipping and any underwater vehicles that may be moving through the area," says Lt.-Cmdr. Bruce Grychowski, project manager of Northern Watch, which plans to plant a series of surveillance devices deep underwater at a choke point along the pas-

sage on the Barrow Strait.

Now in its third year, the Northern Watch program calls for the installation of a set of six different monitors at Gascoyne Inlet on Devon Island.

One sensor array will snake deep underwater 11 kilometres out to sea. Two others will track automatic identification broadcasts now mandatory on both large ships and planes.

A radar intercept system will detect the presence of navigational radar. A special Canadian-designed radar should be precise enough to detect small boats or icebergs.

Stats

• Coast Guard figures show there were 62 commercial and re-supply ships and three ore carriers in the passage in 2008 — more than the 54 ships that entered those waters four years earlier.

Finally, an optical system will use laser and infrared imagers to peer across the icy waters to the far shore. A weather station will complete the project.

The devices will be left unmanned and will beam data up to an overhead

satellite. In October, scientists in Halifax will begin a 12-month test to see how well the devices work in the harsh Arctic environment. Traffic in the passage is picking up as melting Arctic sea ice presents less of a hindrance.

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Dart med team gets mobile

HAITI Canada's Disaster Assistance Response Team is putting a new tool in the field in earthquake-shattered Haiti.

The DART will send out a mobile medical team today for the first time in Haiti.

The team will spend the day in an area about 15 kilometres from the village of Leogane.

In an email, Canadian Forces Major Bernard Dionne says the area has been assessed as one where many Haitians suffered earthquake-related injuries.

The mobile medical

teams consist of nearly a dozen medical personnel, plus a few soldiers to offer protection and Dionne says they can treat 100 people a day.

He says the military plans to send one team out each day, and will use helicopters to get them into areas where no road access is available. Dionne says the concept was used successfully in Pakistan after that country was hard-hit by an earthquake in 2005.

Personnel from the teams are drawn from DART's medical clinic.

THE CANADIAN PRESS

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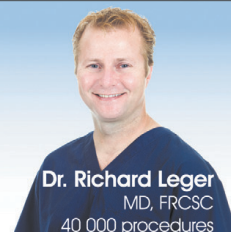
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Comment

Bus network revised

Preliminary list of changes includes both additions, cuts

InTransit

Brian Gould

metronews.ca/gould

It might not be as glamorous as laying new LRT track to Southgate, but revising the bus network to match is just as important.

While opening day is still three months away, a preliminary list of changes has surfaced online. I'm feeling a little underwhelmed, but it's certainly an improvement on the tweaks we saw last April.

Service increases include an extension of hours on the 55, a new route along 119 Street to feed the LRT, and added runs for other local routes in the off-peak direction.

One of the most antici-

pated and hoped-for additions is express service from Mill Woods to Century Park, and I'm glad to see the 30 extended along 23 Avenue.

But to run it only during peaks — and half-hourly at that — is a huge missed opportunity. With a train every five minutes, only one out of six will line up with a bus.

One possible way to increase the frequency without adding buses would be to fold in another route. The 74 runs a similar service throughout the day and late evening, and a limited-stop combination could have a 15-minute peak frequency.

"Another way to increase the frequency could be to use some of the buses made redundant by the LRT. Based on the number of cuts (three slashed and 10 trimmed), it looks like there may be some extras to play with."

Another way to increase the frequency could be to use some of the buses made redundant by the LRT. Based on the number of cuts (three slashed and 10 trimmed), it looks like there may be some extras to play with.

Despite the 47 and 94 super-expresses from Century Park disappearing entirely, their riders should save a few to several minutes (depending on how transfers line up) and benefit from the drastic improvement in frequency and service hours provided by the LRT.

Riders of the defunct 96 from Mill Woods, on the other hand, still have to

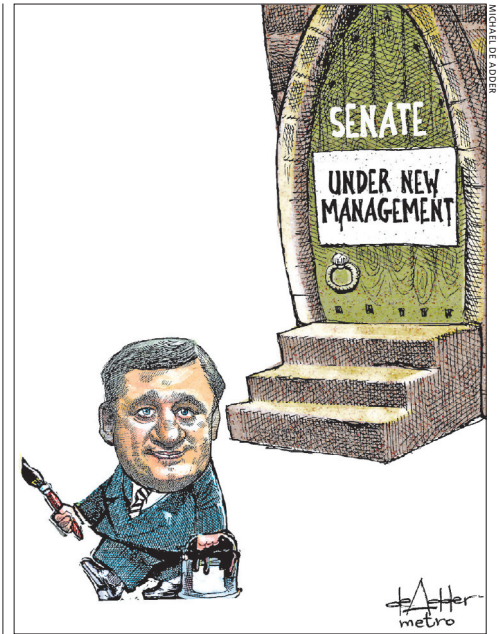
find a way to get to the train, and some riders of the 6, 44, 73, and 74 between South Campus and Southgate might miss their local service.

Other cuts include the express portions of several routes to downtown, namely the 17, 40, 41, 42, 45 and 50. Assuming that the transfers to the LRT are well co-ordinated, riders should save a couple minutes, have the option of intermediate stops, and be less likely to get stuck in traffic.

As far as service cuts go, these are pretty good. At the same time, though, it's a lot harder to get excited about cuts than increases, especially when the cuts seem to dominate.

Here's hoping the changes could still change a bit more.

Brian Gould is a transportation planner and has served in a variety of roles with the Transit Riders' Union of Edmonton.



Worth mentioning

Twitter, texting partly to blame for bad grammar

Little or no grammar teaching, cellphone texting, social networking sites like Facebook and Twitter, all are being blamed for an in-

creasingly unacceptable number of post-secondary students who can't write properly.

For years there's been a flood of anecdotal complaints from professors about what they say is

Writing horrors

Emoticons, happy faces, sad faces, cuz, are just some of the writing horrors being handed in, say professors and administrators at Simon Fraser. "Little happy faces ... or a sad face ... little abbreviations," show up even in letters of academic appeal, says Rummana Khan Hemani, Simon Fraser's director of academic advising.

the wretched state of English grammar coming from some of their students.

Now there seems to be some solid evidence.

Ontario's Waterloo University is one of the few post-secondary institutions in Canada to require the students they accept to pass an exam testing their English language skills.

Almost one-third of those students are failing.

"Thirty per cent of students who are admitted

are not able to pass at a minimum level," says Ann Barrett, managing director of the English language proficiency exam at Waterloo University.

Barrett says the failure rate has jumped five percentage points in the past few years, up to 30 per cent from 25 per cent.

"What has happened in high school

that they cannot pass our simple test of written English, at a minimum?" she asks.

Even those with good marks out of Grade 12, so-called elite students, "still can't pass our simple test," she says.

At Simon Fraser University in British Columbia, one in 10 new students are not qualified to take the mandatory writing courses required for graduation.

THE CANADIAN PRESS

Views

Big Moments change your life forever

HineSight

Anne Hines

metronews.ca/hinesight

An old and very wise piece of advice goes: If you don't want to annoy anyone, don't talk about politics or religion. So, today, I'm going to avoid talking about politics.

For the last few years I've been training to become a minister in the United Church of Canada. This past week I had my final interview. Many years of study and training came down to the result of a two-hour chat. After which I would either be: a) ap-

proved to do a job I've worked for, planned for, and know I'll love, or b) cast into the world with no hope, no future and no obvious reason for existing. Frankly, I was hoping for the former.

An interview like this is what I call a Big Moment. Sometimes, this kind of moment is marked by saying memorable words such as, "I do," or "Oh my God, the test strip is blue. I told you to stop buying contraception products at the dollar store!" In any case, a Big Moment means your life is about to change forever.

To prepare for this Big Moment, I had a plan:

First, I prayed. I've had training in praying. I raised two teenagers.

Next, I checked out advice on interview techniques. These include tips such as, "Go in knowing something about the CEO." In my case, this would be God. Or, "Be prepared to ask questions." A classmate who did his final interviews last year said, "This is a good idea. I would have asked if there was somewhere I could go to throw up."

I also read not to take someone with you to the interview. "Always go alone." This was a problem.

"Big Moments happen all the time ... But there is a plan that will help you be prepared. Let go and enjoy the ride."

If there's one thing we're taught in religious school, it's that we're never alone.

Finally, I took the precaution of making a list of all the things my training would qualify me to do, should I not pass. These included, "Sell pencils on street corner, offer self to aliens as human sample, and learn not to eat." It's good to know your options.

I'm happy to say I passed. I will be ordained in May.

So, is my future set? Of course not. Big Moments happen all the time. Life can turn on a dime. But there is a plan that will help you be prepared. Let go and enjoy the ride.

Anne Hines is an author and humour writer. She has written three novels and one collection of nonfiction humour.

Tell us your views by email to edmontonletters@metronews.ca or comment on metronews.ca or on Twitter @metroedmonton

Letters must include sender's full name, address and phone number — street name and phone numbers will NOT be published. We reserve the right to edit letters.

U.S. to listen to locals on terror trial decision

The Obama administration said yesterday it would consider local opposition when deciding where to hold Sept. 11 terror trials. **THE ASSOCIATED PRESS**

5

World

Relief groups roll out women-only aid

Haiti Crisis

Relief workers began handing out women-only food coupons, launching a new phase of what they hope will be less cutthroat aid distribution to ensure that families and the weak get supplies following Haiti's devastating quake.

Young men often force their way to the front of aid lines or steal from others, meaning aid doesn't reach the neediest at distribution centres, according to aid groups.

The World Food Program coupons can be turned in by women at 16 sites in the

Health concerns

• Shortages of food, clean water, adequate shelter and latrines are creating a potential spawning ground for epidemics in a country with an estimated one million people made homeless by the Jan. 12 quake.

capital, and entitle each family to 25 kilograms of rice. United Nations officials say they are still far short of reaching all two million quake victims estimated to need food aid.

Meanwhile, doctors skirted a bureaucratic logjam to save the life of three critically ill child victims of the earthquake on yesterday, flying them to U.S. hospitals on a private jet to avoid a suspension of medical evacuation flights.

A five-year-old tetanus victim, a 14-month-old boy with pneumonia and a baby with third-degree burns were sent to Philadelphia by the aid group Partners in Health.

The airlift had been in doubt after the U.S. military stopped medical evacuation flights Wednesday because of apparent concerns over the long-term costs to U.S. public hospitals.

THE ASSOCIATED PRESS

Group held for trying to take kids out of Haiti

Haiti Crisis

PORT-AU-PRINCE Ten U.S. Baptists were being held in the Haitian capital yesterday after trying to take 33 children out of Haiti at a time of growing fears over possible child trafficking.

The church members, most from Idaho, said they were trying to rescue abandoned children.

But officials said they lacked the proper documents when they were arrested Friday night in a bus along with earthquake survivors ages 2 months to 12 years.

The group said it wanted to help the children by taking them to an orphanage across the border in the Dominican Republic, said the group's spokesperson, Laura Silsby, at the police headquarters in the capital, where they were being held pending a hearing today.

No charges had been filed. **THE ASSOCIATED PRESS**



A girl who lives at an orphanage run by Austria-based SOS Children's Villages carries an infant in Port-au-Prince yesterday.

News in brief

DAVOS The world's foremost gathering of business and government leaders wrapped up a five-day meeting yesterday with widespread agreement that a fragile recovery is underway. But the annual World Eco-

nomics Forum, which brought 2,500 VIPs to a Swiss resort, produced no consensus on what's going to spur job growth and prevent another global economic meltdown.

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Malaysian court has ordered two lovers to pay a fine of four buffaloes and a pig after they had an illicit affair. The man's wife filed a complaint last year after finding her husband in shorts and her colleague in a sarong at the man's second home. **THE ASSOCIATED PRESS**

Astronaut, your taxi's here

Getting to space is about to be outsourced.

The Obama administration today will propose in its new budget spending billions of dollars to encourage private companies to build, launch and operate spacecraft for NASA and others. Uncle Sam would buy its astronauts a ride into space just like hopping in a taxi.

The idea is that getting astronauts into orbit, which NASA has been doing for 49 years, is getting to be so old hat that someone other than the government can do it. Going private would free the space

agency to do other things, such as explore beyond Earth's orbit, do more research and study the Earth with better satellites. And it would spur a new generation of private companies — even some with Internet roots — to innovate.

But there's some concern about that — from former NASA officials worried about safety and from congressional leaders worried about lost jobs.

Proponents of private space point to the airline industry in its infancy. Initially the army flew most planes. But private companies eventually started

Private space

• The White House has said it will be adding \$5.9 billion to the overall NASA budget over five years. Proponents of private space believe most or all of it will go there.

building and operating aircraft. Mike Gold, corporate counsel at Bigelow Aerospace, which is building the first commercial space station and is a potential spacecraft provider, believes the government should have privatized astronaut launchings

decades ago. "It will force the aerospace world to become competitive again and restore us to our glory days," Gold said.

New York University government professor Paul Light said: "My general caution is be careful about what you give away. It's awful expensive to get it back."

The leading contenders — most are mum at this point — to build private spaceships include established aerospace giants, such as Boeing Co. of Chicago and Lockheed Martin of Bethesda, Md., which built most of America's rockets and capsules. **THE ASSOCIATED PRESS**

China The mother lode



A passenger hurries to catch her train in Nanchang, east China, on Saturday, the start of the traditional lunar new year. About 2.5 billion journeys will be made by festival's end, March 10.

ZHOU/REUTERS

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Militant's death probed

PAKISTAN The Pakistani government was investigating reports yesterday that Pakistani Taliban leader Hakimullah Mehsud died from injuries sustained in a U.S. missile strike launched in mid-January after he helped orchestrate a deadly bombing against the CIA in

Afghanistan.

Mehsud's predecessor was killed in a missile strike less than six months ago, and inflicting another blow to the militant group's leadership would be an important success for both Pakistan and the U.S.

THE ASSOCIATED PRESS

News in brief

MEXICO Law enforcement officials say a group of armed men stormed a party, killing 13 teens and young adults, in northern border city Ciudad Juarez.

MOSCOW Russian police broke up anti-Kremlin protests in Moscow and St. Petersburg yesterday, detaining scores of demonstrators.

THE ASSOCIATED PRESS

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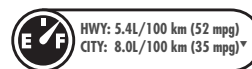


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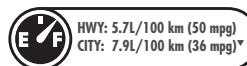


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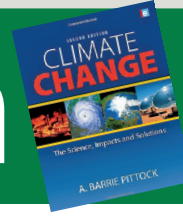
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Going Green

EDITOR: BEN.RYCROFT@METRONEWS.CA



Science of change

Barry Pittock is one of the world's leading authorities on climate change, having led the Climate Impact Group in CSIRO. His book, *Climate Change: The Science, Impacts and Solutions*, presents complex climate issues with clarity. METRO NEWS SERVICES



This take on a treehouse is a unique twist on green architecture.

Green architecture on the grow

ROMINA MCGUINNESS
Metro World News

ECO-HOUSING Built within a century sweet chestnut tree, perche dans la Peche is a unique twist on green architecture and design.

The owners, couple Claire Stickland and Ivan Payonne, wanted to build something that would be in harmony with the local environment and landscape, and their tree was their answer.

"One issue we had was fitting construction plans around the branches. The wood in itself, red cedar is perfect because it requires no treatment, in fact the less treatment the better," says Stickland.

For isolation, the couple used Triso Aluminum and hemp and grey water in the kitchen and the shower.

"We wanted to install dry toilets but as it's a guesthouse, we didn't want to make it awkward for whoever was staying," explains Stickland.

For the heating, they had no choice but to go for electric as the trees leaves made solar energy an inefficient method.

In terms of the linen, it's all organic cotton.

All food served is organic and locally sourced produce and the couple consume very little meat so as to not disrupt the natural balance in the regions food chain.

Hope for Haiti housing

Retrofitting common shipping boxes a possible solution

ROMINA MCGUINNESS
Metro World News

Thirteen months ago, a team of researchers at Clemson University, including Pernille Christensen, Martha Skinner and Doug Hecker, developed a concept, SEED, providing temporary relief for victims of natural disasters.

Their method involves turning used shipping containers into sustainable housing.

SAFE AND SUSTAINABLE SHIP

In order for SEED to work, you need a surplus of shipping containers, a port and labor. When recent mudslides in Columbia left thousands homeless, the lack of port action meant SEED was unable to take action.

The Caribbean, bordered by the ocean and whose surplus of imports over exports means an accumulation of shipping containers, is ideal — there are an estimated 30 million unused containers.

"Sometimes it's cheaper for the containers to remain in port than for them to get sent back. We want to achieve a system whereby we have the containers ready in case of an emergency," explains Christensen.

One 40-foot shipping container can carry up to 67,200 pounds (an average family of 5) and resist overturn when exposed to winds of up to 140 mph.



Researchers hope to turn shipping containers into a sustainable and emergency housing solution.

400,000

It is estimated following the earthquake that rocked Haiti, that more than 400,000 people have been left homeless or forced to live in temporary tent cities.

SHORT TERM SOLUTION

Ideally, SEED would like the shipping containers to be set in place if there were to be a disaster.

The emergency homes would be able to withstand extreme weather conditions and provide other housing solution rather than tents.

According to Hecker, Haiti isn't quiet ready for the containers.

"When we will be able to set up homes for the estimated 400,000 homeless remains ambiguous. We

are hoping it will be in the next month, but this will depend on capturing the surplus of containers, getting the professionals there and all other logistical issues."

LONG TERM SOLUTION

In the long term, SEED wants to use the containers as a basis for distraught communities to re-connect.

Hecker and Christensen are working on the customization of the containers.

"After natural disasters, the soil loses its nutritional value so we've designed an emergency garden. We've identified local plant cycles ones that grow fast and produce the fruit and vegetables necessary for the community to become self-sufficient, such as

bread fruit, yams and potatoes," explains Christensen. In the long run that would involve looking at the nutritional cycle and growing additional staples such as mangoes, papayas and bananas.

"As the poorest country in the Caribbean, it's a worse case scenario," explains Hecker.

But only once SEED has established shipping contacts and some sort of functioning infrastructure, will they be able to fully implement the project in Haiti.

"Because of the scale of the disaster, there is currently a surplus of containers which have been used to ship in emergency good," says Skinner.

In the long run, SEED would be able to convert these into houses.

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Bloomingtondale's opens in Dubai

The city with the world's tallest building now has one more claim to fame: the only Bloomingtondale's outside the United States. The first international branch of the Manhattan institution opened in Dubai yesterday. **THE ASSOCIATED PRESS**

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Business

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EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Gasoline **Chevron posts loss**



The reflection from a gas tanker truck is shown at a Chevron gas station in San Francisco. Chevron announced this weekend that its fourth-quarter profit fell 37 per cent as higher crude prices led to huge losses in its refining business.

Emission targets too low?

Greenpeace says change going in wrong direction

Environmentalists and opposition politicians are dismissing the Conservative government's latest pledge to reduce greenhouse gas emissions, with one group predicting they'll actually increase under a new agreement hammered out last year.

The federal government formally notified the United Nations that Canada will cut its carbon emis-

sions by 17 per cent from 2005 levels over the next 10 years as part of the Copenhagen Accord on climate change, Environment Minister Jim Prentice said Saturday.

But a spokesperson for Greenpeace says these targets will actually increase emissions, not lower them. While the government's previous emission targets, announced in

2006, would have resulted in a three per cent reduction in emissions over 1990 levels, these latest targets will actually increase emissions by 2.5 per cent, said Dave Martin, a climate and energy co-ordinator with Greenpeace. "We're heading in exactly the opposite direction that we need to head," Martin said.

The Canadian targets are

similar to those of the United States, something the federal government planned all along, Prentice said. "Throughout the Copenhagen negotiations we maintained that our clear policy was to support the outcome of Copenhagen and also to align our clean energy and climate change policies with those of the Obama administration," **THE CANADIAN PRESS**

Forestry jobs lost as prices plummet

DOWNTURN Ever since Richard Garneau began his tenure as chief executive of Catalyst Paper in 2007, he has watched the prices of its products plummet beyond anything he'd experienced over his 30 years in the industry.

Garneau has guided the Vancouver-area company through one of the most brutal slumps in the pulp and paper industry.

Demand for newsprint has collapsed and prices and profitability in the industry has deteriorated, due to the rise of digital media, and aggravated by the recession.

And Garneau said it's unlikely the industry will ever return to 2005 levels of consumption.

"I'm no fool that in 2010 we're going to see improvement," said Garneau, who announced last week that he will be leaving the company in April.

"I think it may take probably another year before we see a recovery."

The Forest Products Association of Canada is expected to release today the findings of a study recommending a course of action for the industry's survival.

Lower demand is expected to be permanent given the loss of newspaper advertising and circulation as electronic media continues to rise.

Meanwhile, Garneau's departure to deal with family issues at home in

Quebec means he will not be able to complete his goal of reshaping Catalyst into a company with a sustainable future.

But given the problems Garneau faces as head of one of the country's largest paper makers, he says his semi-retirement seems like "an eternity away."

Despite industry-wide union concessions, a recovery isn't coming soon enough for hundreds of Canada's forestry workers who have watched employment slide 9.5 per cent from 90,700 in 2008 to an estimated 82,000 in 2009.

Figures from the Conference Board of Canada predict employment will fall to 77,000 jobs in 2010. The report said the industry's capacity utilization rate has fallen to 73.1 per cent, its lowest point since 1975.

Forestry firms have cut capacity by as much as 50 per cent, but the decline in demand has been so rapid that they could not make cuts quickly enough.

As a result, they have closed mills and laid off hundreds of workers to try to stave off deeper losses.

The Conference Board estimates that the paper products industry lost \$1.2 billion in 2009, and will lose another \$227 million in 2010, marking the eighth year in a row that the sector has lost money overall, with a cumulative loss of more than \$4 billion. **THE CANADIAN PRESS**

VANCOUVER 2010 Games

BREWING How well Kerry Scarsbrook has prepared for the 2010 Olympics won't be discussed on the sports pages, but it could affect the Games all the same.

He's the man in charge of making the official beer.

"All I can think about all the time now is the Games," said Scarsbrook, Vancouver brewmaster for Molson Coors, the official 2010 supplier of beer.

It's meant that what's usually a slow winter is moving a lot faster as the company prepares to provide the suds for all of the sports venues, pavilions and other Olympic events.

The brewery is doubling the number of brews they're doing per week and have added shifts to make more cans and kegs.

It takes one minute to fill 1,600 cans of Molson Canadian, but about one month to make the beer it-

self, so what will be on tap during the Games has been in production since January.

"The fact that our brewery is right in the backyard of where all the action is going to be, it puts us in the center point," said Wade Bayne, director of sales in Western B.C. for Molson Coors.

While Molson's is the official beer, the unofficial contenders are also anticipating a sharp uptick in business.

Across the province, it's estimated that 36 million cans of all beer will be consumed in February, up seven million cans from normal, according to the Molson's forecasts.

"We know the Games are as much about hospitality as they are sportsmanship so we know people are going to come and want to enjoy the Games but also enjoy the local flavour of the city," said Walter Cosman, general manager of Granville Island Brewery.

Games-time planning at

"We know the Games are as much about hospitality as they are sportsmanship."

Wayne Cosman,
Granville Island Brewery

his brewery began nine months ago examining everything from whether they had enough boxes to enough brew.

Cosman said he foresees selling about 15,000 kegs of beer — three times what he'd normally sell in the month of February.

In Squamish, B.C., which is in between Vancouver and the host mountain re-

sort of Whistler, Howe Sound Brewing launched a beer called "Three Beavers" — a red ale with a label featuring the critters with gold, silver and bronze medals around their necks.

"We really wanted to create something that was fun and Canadian," said Dave Fenn, chief executive officer, who said his business is up around 20 per cent for the month of the Games.

Molson won the right to sponsor the Games in 2008. Anheuser-Busch and its Budweiser line had been the sponsor of the last two winter Games, as well as several summer ones. **THE CANADIAN PRESS**

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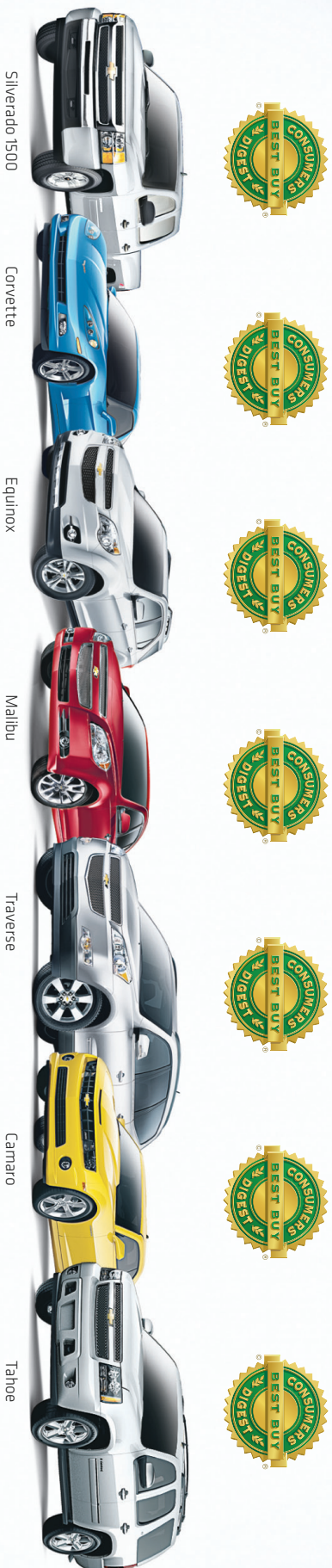
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Egypt wins African Cup title

Substitute Mohamed Gado scored in the 85th minute yesterday to help Egypt beat Ghana 1-0 and secure its third straight title at the African Cup of Nations. Tournament debutant Gado curled in a shot from within the area to give Egypt its record seventh title. **THE ASSOCIATED PRESS**

11

Sports



Schumacher set for return

The new Formula One campaign begins today with the start of pre-season testing that will also bring the return of German Michael Schumacher at Mercedes GP after three years out of motor racing's premier sport. The three-day session at Valencia's Cheste Circuit will be the first of four in February before the season-opening Bahrain Grand Prix on March 14. **THE ASSOCIATED PRESS**

EDITOR: DON.MCHOULL@METRONEWS.CA

Federer wins 16th Grand Slam

Roger Federer experienced quite a range of emotions these past two Australian Opens.

A year ago, he sobbed on court after losing a thrilling final in five sets.

Federer was all smiles yesterday after rather easily beating Andy Murray 6-3, 6-4, 7-6 (11) for a fourth championship in Melbourne and 16th Grand Slam title overall.

"All of a sudden, it was over, and it hit me," Federer said.

"It was very much a roller coaster."

While Murray missed a chance to end a drought for British men at Grand Slam tournaments that stretches all the way to 1936, Federer became the first dad to win a major singles title since 2003.

He also now can aim at a true, calendar-year Grand Slam, something no man has accomplished since



Roger Federer kisses the trophy yesterday after beating Andy Murray to win the men's singles final at the Australian Open.

1969.

"I'm over the moon winning this again," the 28-year-old Swiss star said.

"I played some of my best tennis in my life these

last two weeks. It's also very special — the first Grand Slam as a father."

Federer had only recently discovered he was to become the father of twins

"I'm over the moon winning this again. I played some of my best tennis in my life these last two weeks."

Roger Federer

when he lost the Australian Open final in five wrenching sets against rival Rafael Nadal last year, then broke down during the presentation.

This time, Federer was in control of the action pretty much throughout against Murray, and afterward it was the 22-year-old from Scotland whose voice was breaking and who was choking back tears.

"I can cry like Roger," Murray said. "It's just a shame I can't play like him."

THE ASSOCIATED PRESS

Maple Leafs acquire Phaneuf, Giguere in blockbuster trades

NHL The Toronto Maple Leafs sacrificed offence for work ethic yesterday — and GM Brian Burke is hoping the two big-name players he acquired will rub off on their new teammates.

Burke pulled the trigger on a pair of blockbuster trades, shipping out six players to acquire all-star defenceman Dion Phaneuf from the Calgary Flames and goalie J.S. Giguere from the Anaheim Ducks.

Toronto had high hopes coming into the season, with Burke believing his team had a shot at making the playoffs for the first time in five years.

Instead, a porous defence and lacklustre goal-tending

have contributed to the Maple Leafs (17-28-11) boasting the second-worst record in the league.

Burke dealt with both weaknesses yesterday and said after announcing the trades that his team needed more players who led by example — players like Phaneuf and Giguere.

In the Calgary deal, the Leafs also acquired six-foot-six defenceman Keith Aulie and winger Fredrik Sjostrom. In exchange, Toronto gave up defenceman Ian White and forwards Matt Stajan, Niklas Hagman and Jamal Mayers.

The Leafs sent goalie Vesa Toskala and winger Jason Blake to Anaheim in exchange for Giguere, who became expendable after the Ducks signed No. 1 goalie Jonas Hiller to a four-year extension Saturday.

THE ASSOCIATED PRESS



Dion Phaneuf

Defending champion Jones remains perfect 3-0 at Scotties

CURLING Ontario's Krista McCarville and Canada's Jennifer Jones lead the Scotties Tournament of Hearts after five draws with 3-0 records.

McCarville joined Jones atop the standings with a 12-6 win over Eve Belisle's Quebec rink in yesterday's Draw 5.

In other Draw 5 results, Prince Edward Island improved to 3-1 by beating the Northwest Territories/Yukon 10-7.

Saskatchewan topped Newfoundland and Labrador 8-5 and New Brunswick defeated Nova Scotia 10-6.

Jones, the defending champion from Winnipeg, was idle in the late draw

but scored a pair of wins earlier yesterday. She defeated Amber Holland of Saskatchewan 7-3 after beating Andrea Kelly of New Brunswick 5-4.

Ontario scored twice late to defeat Valerie Sweeting of Alberta 7-6. In the other morning action yesterday, Sweeting defeated Kathy O'Rourke of P.E.I., 13-2.

THE CANADIAN PRESS

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Sports in brief

PRO BOWL Thanks to the Pro Bowl, the scoreboard in Miami is all warmed up for the Super Bowl. Long gains were the rule and hard hitting was the exception last night as the AFC all-stars beat the NFC 41-34. The AFC's Matt Schaub and the NFC's Aaron Rodgers threw two touchdown passes each, and DeSean Jackson caught two scoring passes for the NFC.

COLTS The Indianapolis Colts insist Pro Bowl defensive end Dwight Freeney has a low ankle sprain, not a torn ligament, and that he remains questionable for next weekend's Super Bowl.

SOCCER Luton Shelton scored in the second half yesterday to help Jamaica beat Canada 1-0 in a soccer friendly. Shelton, who plays for Norwegian club Valerenga, scored in the 68th minute at National Stadium after the Reggae Boyz dominated the first half.

WHL Adrian Van de Mosselaer's breakaway goal in overtime gave the Edmonton Oil Kings a 5-4 victory over the Prince Albert Raiders in Western Hockey League action yesterday. Van de Mosselaer picked up a loose puck coming out of the penalty box and streaked down the left wing alone, tucking the puck past Raiders' goaltender Garrett Zemplak's stretched left pad.

METRO NEWS SERVICES

Games shouldn't go unseen

It's Called Football

Ben Rycroft

metronews.ca/itscalledfootball

There was a time when I would tell anyone who would listen that soccer would soon eclipse every major sport in this country — including hockey.

I would point to the slow demise of baseball in Toronto, the youth participation numbers across Canada outstripping any other sport and the rise of professional franchises in cities like Montreal, Vancouver and Toronto as reasons why the next generation in Canada would be an Adidas Generation.

It was often an argument that was one part smart-ass, one part self-delusion and two parts self-preservation (there aren't a lot of national soccer columns in this country).

And after a few pints at the pub I'll still tell any Blue Jays-cap wearing nutbar to enjoy the team while he can — I have to

be honest about a few things.

One — domestic soccer here just doesn't draw traditional TV ratings. Whether it is for the national team or one of the Whitecaps, Impact or TFC, it just does not have the same numbers pull as the established sports.

Two — the likes of TSN will continue to ignore the sport as nothing but a niche market until they figure out how to generate revenue from it.

If you look at the coverage SportsCentre provides on any given night, it is always reflective of its own programming. TSN is heavily involved in NHL and CFL coverage and those are the sports that are given priority on any given night.

When it became obvious that no networks were going to broadcast Canada's game last night, I jokingly posted an ad on Craigslist Jamaica asking anyone with a camera and Internet access to broadcast the game for \$100.

Needless to say, I didn't get any response from the Jamaicans, but the flood of Canadians who wrote me to ask if I had any luck certainly were interested.

Julian DeGuzman spoke to It's Called Football over the weekend. Listen to the show at metronews.ca/itscalledfootball

Canadian fans famously crashed pockets of the Macedonian Internet last year when they latched on to several web streams broadcasting a Canadian friendly.

While the rating numbers aren't big enough for the major networks to justify a broadcast, there is a market for games like these.

Toronto FC has recognized this in the past and as a thank you of sorts to their fans broadcast pre-season games through their website.

The Canadian Soccer Association could easily do the same. It may not have resources to self-broadcast but with a growing number of private companies like SSN (which broadcasts another niche market — CIS sports) out there, there is no reason now for games like these to go unseen any longer.

Watch Ben Rycroft on the It's Called Football show every Monday at metronews.ca/ben.rycroft@metronews.ca

SCOREBOARD

NHL

YESTERDAY'S RESULTS
Florida 2 N.Y. Islanders 0
Los Angeles 3 New Jersey 2
Pittsburgh 2 Detroit 1 (SO)
Phoenix 4 Dallas 2
Washington 3 Tampa Bay 2
N.Y. Rangers 3 Colorado 1

NBA

YESTERDAY'S RESULTS
Toronto 117 Indiana 102
Cleveland 114 L.A. Clippers 89
Denver 103 San Antonio 89
L.A. Lakers 90 Boston 89
Minnesota 112 New York 91
Oklahoma City 112 Golden State 104
Orlando 91 Detroit 86
Philadelphia 83 New Jersey 79
Phoenix 115 Houston 111 (OT)

Vancouver Games

EDITOR: DON.MCHOULL@METRONEWS.CA

U.S. goaltender has Canada's number

Jessie Vetter has broken the hearts of Canada's women's hockey team before.

Can she do it again in the biggest game in the sport of women's hockey?

If Canada and the U.S. face each other for the Olympic gold medal Feb. 25, chances are Vetter will be in the American net.

She's had more success against Canada in recent years than any other U.S. goalie.

The Americans won two straight world championship finals against Canada for the first time with Vetter in goal.

Canada and the U.S. did not even meet at the 2006 Olympics in Turin, Italy, where the under-prepared Americans were upset in the semifinal by Sweden.

Vetter, who joined the national team the following year, has been the key in her country's resurgence in women's interna-

tional hockey since then. Goaltending had traditionally been the Achilles' heel of the U.S. in big games against Canada. That is no longer the case.

"Jessie has gotten us over the hump as far as making the big saves and being under that pressure," U.S. captain Natalie Darwitz said.

"It's difficult to score on her the first opportunity. She gets into people's heads and they may grip their sticks a little bit tighter then."

From April 10, 2008, to Nov. 6, 2009, Vetter carried a 6-1 record versus Canada. Her most recent start was a 3-2 shootout loss on Jan. 1 in Ottawa, where the two countries played the last of six exhibition games prior to the start of the Olympic tournament Feb. 13.

Two of her victories were the world championship finals of 2008 and 2009. Another was the Hockey



Jessie Vetter of Team USA looks on during a game against Team Canada in Ottawa on Jan. 1.

Canada Cup final on Sept. 6 at Vancouver's GM Place, which will be renamed

Canada Hockey Place for the Olympics. "It's amazing to even

been playing in back-to-back worlds in the championship game against a

.943 Jessie Vetter's career save percentage against Canada prior to a recent pair of defeats was .943, but it has since dropped to .910.

great team like Canada," says the effervescent Vetter.

If anyone can giggle at thousands of Canadian fans trying to get into her head by chanting "Vet-ter, Vet-ter" at Canada Hockey Place, it's this curly-haired, 25-year-old from Cottage Grove, Wis.

"I love playing in Canada," Vetter insists. "I just like having people in the stands."

"They will definitely be against the American team and obviously, a goaltender, you obviously stick out. I won't be a fan favourite. I'm looking forward to it and it should be a good time."

THE CANADIAN PRESS

More than 1,000 security cameras set up for Vancouver Games

PRIVACY A vast network of security cameras set up for the Winter Olympics doesn't go on line officially until today, but it's already nabbed its first miscreant.

The apprehension of the apparently hapless drunk has police crowing about the efficiency of the cameras.

But privacy watchdogs have been nervous about the unprecedented deployment of electronic surveillance in Canada and sought assurances the

cameras will be gone as quickly as the athletes after the Games.

More than a thousand new closed-circuit cameras will be in place monitoring the boundaries of Olympic venues and spots in Vancouver and Whistler where crowds will gather.

That doesn't include existing cameras inside venues such as BC Place stadium and Canada Hockey Place, others already mounted in downtown buildings and a handful of cameras controlled by the

"There certainly is this concern about this legacy of cameras and what plans for them will be."

Jim Burrows, B.C. privacy commission rep

B.C. government at their Robson Square celebration venue.

The sheer number of them pales in comparison to the thousands keeping an eye on British citizens, but it's by far the largest concentration of state-controlled cameras in any ju-

risdiction in Canada.

"I guess our concern has remained more the use of cameras after the Olympics rather than during the Olympics," says Jim Burrows, a spokesman for the B.C. Information and Privacy Commission.

"There certainly is this

concern about this legacy of cameras and what plans for them will be."

But the networks' operators — there are two — have tried to reassure the B.C. commission and its federal counterpart that this isn't a back-door attempt to set up a British-style Big Brother system.

Chantel Bernier, assistant privacy commissioner of Canada, whose office has jurisdiction over the ISU cameras, says it's been promised the cameras will come down once the

Games are over.

"Certainly we will ensure that does occur and we will continue the dialogue with them to ensure that does occur," she says.

Britain has thousands of government-controlled video cameras and access to images from an estimated four million private security cameras.

Critics argue the money spent to install and monitor the systems could be better used on other forms of policing.

THE CANADIAN PRESS



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uCalgary ponders tuition hikes for professional programs

The University of Calgary is taking advantage of a one-time offer from the Alberta government to apply for increases in base tuition amounts in certain programs. University officials are proposing tuition hikes of up to 47 per cent in professional programs next year. **METRO NEWS SERVICES**

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Workology



Vet college on W-5

The University of Guelph's Ontario Veterinary College was the subject of last Saturday's broadcast of CTV's W-5. The episode focused on cancer research at the vet college and explained how treating cancer in animals can assist efforts to understand the disease in humans. **METRO NEWS SERVICES**

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

Sponsorship, years in the making

VANCOUVER
2010 Games

OddJobs

Diane Peters



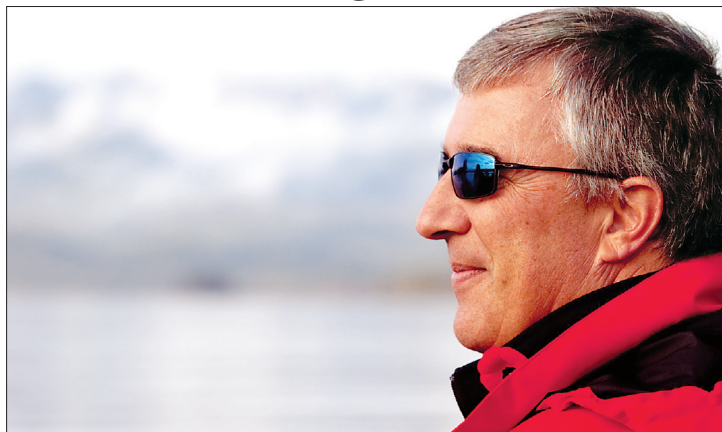
Metronews.ca/oddjobs

Like it or not, major sports events like the Olympics need corporate sponsors to help pay the bills. And those sponsors need someone to run the show.

For Coca Cola, that person is Nicola Kettlitz, 47. From support on the torch relay to providing entertainment and refreshments at the games, Kettlitz has organized it all.

Born in Italy, Kettlitz was raised in Brazil and did his undergraduate degree and MBA in the U.S.

He started his career working with Chrysler in



Nicola Kettlitz, Vancouver 2010 Olympic sponsorship organizer, seen here on the way to the Queen Charlotte Islands, B.C.

Detroit, and was later recruited by Coke's head office in Atlanta.

The company then sent him back to Italy, where he rose to the country's top job for the company.

But Kettlitz was used to travel and change. So when Coke needed someone to head up sponsor-

ship for the 2006 games in Torino, Kettlitz took the job — after some hesitation.

"How often in a big company like Coke do you get the opportunity to start something from scratch? I took the job in Torino somewhat reluctantly. It turned out to be

the best job of my life."

After the games ended, Kettlitz packed up his wife and daughter to move back to Atlanta — then Coke's Canadian office called, asking him to organize the 2010 games. He redirected a shipment of furniture and moved to Vancouver three years

The Lowdown

Job title: Sponsorship organizer

Salary: "I run a business. It's a high level job."

Training/education: MBA and experience

Best Part of the Job: "Meeting all the happy people along the road. Working with teams that are very passionate about what they're doing."

Worst Part of the Job: "It ends. February 28 at 6 p.m. it's all over."

ago.

The job started with about two years of planning. For the relay, for instance, Kettlitz had to decide how to choose 4,500 torch bearers (he eventually settled on getting people to write essays about how they're living greener), and plan how the company would take care of bearers and provide entertainment on the route.

Kettlitz has spent the last year hiring staff and seeing his ideas come to

life. He's been following the torch as much as possible: When he does he pretty much lives out of his car and answers his BlackBerry constantly.

Now, he's back in Vancouver hiring more staff: He'll have 600 in total once the games start. He'll put the finishing touches on how Coke will sell drinks and provide refreshments free for staff and athletes at sports venues, and pull together programming for Coke's special events venues, like the 8,500 square foot tent in downtown Vancouver.

During the game, Kettlitz will constantly drop in on the venues to encourage staff; plus he'll be showing Coke's executives and clients around. When it's over, he expects lots of tears.

"I cried at the end of Torino. You don't want it to be over."

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.

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UNIVERSITY OF ALBERTA

A Manitoba pension commission has ruled that the University of Winnipeg must pay \$8.8 million to over 600 current and retired staff over the next few months. In order to do so, uWinnipeg had to take out a 40-year loan, which will end up costing \$24 million once it has been paid off. **METRO NEWS SERVICES**

Justifying hitting the books

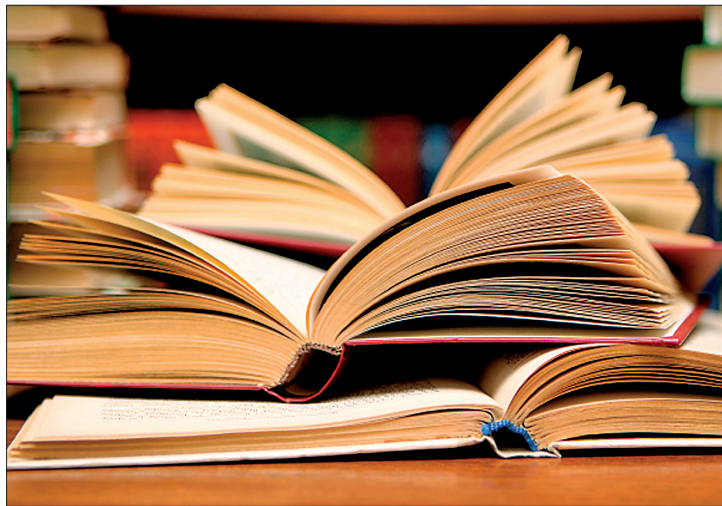
JON TATTRIE
for Metro Canada



As university tuition rises while job markets contract, the pressure mounts for institutes of higher learning to justify themselves as job-getting engines. But does an undergrad really make people more employable and is that the purpose of university anyway?

Harold Jarche of Jarche Consulting thinks the "university myth" has been busted by its own popularity.

"With my parents, it was pretty simple: Go to university and get an education because that means you get a better job. But correlation doesn't equal causation — it's not because you've got this schooling that you got the better job, it was because you were part of a small elite," says the Sackville, N.B.-based consultant specializing in integrating work and learning. "I'm not saying university is bad or wrong; I'm saying university is not job preparation."



Getting an undergraduate degree does not necessarily equate to a job, or as one consultant puts it, "university is not job preparation."

ration."

The Canadian Council on Learning reports one in five Canadians aged 25 to 44 has a degree. A recent Globe and Mail article said enrolment has jumped by 40 per cent since the early 1990s and tuition has

tripled over the same period, saddling students with greater debt. Jobless grads learn the curriculum isn't based on industry needs, as community colleges are, meaning degrees don't line up with work.

Jarche says universities

have intrinsic value, but job-focused students should ask themselves: "Is the return on investment worth it?" He suggests an entrepreneur could better invest the money in a start-up business or a tradesman studying at college.

Jeff Rybak, a Maclean's blogger and the author of What's Wrong With University And How to Make It Work For You Anyway, says universities reluctantly took the role of job engines.

"Universities don't want to be the gateway to the job market, but as tuition is rising they're stuck having to justify what they're doing in economic terms," says the law student at the University of Toronto.

Some students are at university to learn, some because they want to be accountants and some are just there because "they have absolutely no way of explaining to their parents that they're not going. That's when you're really screwed," he says.

It's the "holding pen" drifters who are just wasting time and money. Rybak urges them to instead follow the British example of the "gap year" after high school to travel and decide what you really want to do next — and whether university will help you do it.



Book details ways to stick with change

BookReview

Switch

Author: Chip Heath & Dan Heath

Publisher: Random House

Price: \$32

It's the first day of February ... are you still on track with those New Years resolutions? According to brotherly duo Chip and Dan Heath, resisting temptation is exhausting. Following their wildly successful book Made to Stick, the Heaths embarked on figuring out the mechanics of change.

Change is never easy, mostly because change means doing something differently or against your emotional desire. One example given in the book is of an experiment to reduce saturated fat intake for a population. To say "eat healthy" is far too vague and does not give clear direction. In the experiment, whole milk was identified as the major culprit in American fat intake. The solution: Get Americans to switch to a lower-fat version of milk using a catchy PSA. The result was a jump for skim milk from 18 per cent to 41 per cent in market share. "What looks like resistance is lack of clarity," said the Heaths.

If you are looking to create change within yourself or your organization, this fun read will shed a bit of insight onto how you should shape the path to change.

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/FOR METRO CANADA**

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Workology in brief

MONEY: The federal government announced last week nearly \$32 million under the Atlantic Innovation Fund for research and development projects in New Brunswick and Prince Edward Island.

METRO NEWS SERVICES

Parks and Recreation renewed

Parks and Recreation has been renewed early for next season, TVGuide.com has confirmed. The Amy Poehler-led sitcom takes a behind-the-scenes look at small town bureaucracy in an Indiana-area parks department. **METRO NEWS SERVICES**

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Entertainment

EDITOR: DEAN.LISK@METRONWS.CA

**Rise to FAME**

E! Online reports that Bluewater Comics is producing a 32-page comic book entitled **FAME: Robert Pattinson**, which will chronicle the actor's rise to stardom.

POPEATER.COM

Beyoncé wins big at Grammys

The 52nd Grammy Awards belonged to Beyoncé as the singer smashed the record for most trophies by a female artist in a single night.

The 28-year-old picked up a record six prizes last night, owning a ceremony in which a group of young artists helped put a fresh face on the greying Grammys.

"Wow, thank you so much," Beyoncé said as she took the stage to claim her

award for best female pop vocal performance.

"I'm sorry, I'm nervous. I'd love to thank my family for all their support, including my husband, I love you. And I'd like to thank all of my fans for all of their support over the years, good night, thank you."

Though Beyoncé was set to duel with 20-year-old Taylor Swift and 23-year-old Lady Gaga in all three of the Grammys' main categories, it didn't end up being much of a fight.

She won song of the year for the omnipresent Single Ladies (Put a Ring on It) and brought her all-time Grammy haul to 16 awards.

She had previously been tied for most wins by a female at a Grammys with Lauryn Hill, Alison Krauss,



GETTY IMAGES PHOTO

Norah Jones, Alicia Keys and Amy Winehouse.

Swift, the Black Eyed Peas, Jay-Z and Kings of Leon had three trophies last night while Gaga, Kanye West, Rihanna, Maxwell,

Eminem, Jason Mraz and Bela Fleck were among a group of two-time winners.

Canadians Neil Young and Michael J. Fox both won their first-ever Grammy prizes, while Vancouver's



GETTY IMAGES PHOTO

Taylor Swift, above, accepts the award for best country album while Lady Gaga, left, performs at the 52nd annual Grammy Awards.

Michael Buble took his second career award.

While Swift couldn't rival Beyoncé's haul, the songstress with the long golden locks seemed thrilled to win at all.

Hours after she won two awards during the non-televised pre-show (and held one of the trophies up, exclaiming in disbelief: "This is a Grammy!"), Swift climbed the Staples Center stage to claim the prize for best country album.

"I just feel like I'm standing here accepting an impossible dream and I thank you so much for that."

Beyoncé also won best R&B contemporary album for I Am ... Sasha Fierce, best R&B female vocal for Single Ladies, best traditional R&B performance for At Last and best R&B song, while Gaga earned trophies for best dance recording (Poker Face) and best electronic/dance album (The Fame).

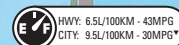
THE ASSOCIATED PRESS

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Scan this barcode for the full list of Grammy winners, or read it at metronews.ca/entertainment.

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Rip Torn has been charged with breaking into a Connecticut bank and carrying a loaded firearm while intoxicated. Police say the Emmy-winning actor, 78, was arrested Friday after police found him inside a Litchfield Bancorp in Salisbury, Conn. **THE ASSOCIATED PRESS**

Bigelow 'queen of directors'

Filmmaker first woman to win DGA's top honour

Kathryn Bigelow and The Hurt Locker became official awards-season front-runners Saturday after Bigelow won the top prize from the Directors Guild of America.

The 58-year-old filmmaker is the first woman to win the guild's top honour, which positions her and the film as shoe-ins for the Academy Awards. The DGA boasts that its winner has gone on to win the Oscar all but six times since 1948.

"This is the most incredible moment of my life," Bigelow said backstage. She downplayed her gender, saying, "I suppose I like to think of myself as a filmmaker."

Still, she was the only nominated director who earned accolades for her physique as well as her filmmaking. Bigelow was up against Quentin Tarantino for *Inglourious Basterds*, Jason Reitman for *Up in the Air*, Lee Daniels for *Precious* and her ex-husband James Cameron for *Avatar*.

Tarantino praised her as "queen of directors." He said his fellow nominees have been spending so much time together, they have become "like a superstar rock band and we're going to go on tour together."

Clutching a shiny medal-



"The studio heads maybe have all the power, but we've got the glory."

Norman Jewison

lion as a souvenir of his DGA nomination, Tarantino said, "I don't give a (expletive) who wins, I am so happy to have this."

Reitman told the winning director that he grew up watching her films.

"You are more than a great director, you are one of the greats," he said. "I'm in awe of you, too."

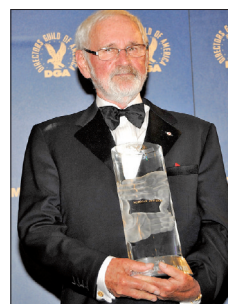
Cameron praised his competitors as "truly excellent and brilliant filmmakers."

The six-hour affair at the Hyatt Regency Century Plaza hotel drew a spate of

celebrities, including Angelina Jolie and Brad Pitt, Jodie Foster, Jon Cryer, Cheryl Hines and Jason Bateman. All but Jolie served as presenters during Saturday's ceremony.

Carl Reiner hosted the event recognizing achievements in directing, as he has for 22 years.

Modern Family won the top honour for television comedy for its pilot, direct-



Kathryn Bigelow, left, bagged the top prize from the Directors Guild of America for *The Hurt Locker*; Filmmaker Norman Jewison received the lifetime achievement award.

ed by Jason Winer. The drama prize went to *Mad Men* and director Lesli Linka Glatter. Ross Katz was honoured for the HBO movie *Taking Chance*. Louie Psihoyos' film *The Cove* won the documentary award.

Cher presented Norman Jewison with the guild's Lifetime Achievement Award for his career in film.

"The studio heads maybe have all the power, but we've got the glory," he said. "And when you receive the lifetime achievement award like this, it makes you very nervous, like maybe you're going to fall off the perch or something."

THE ASSOCIATED PRESS

Girl talk turns to doc

FILM When a group of pre-teen girls gathered for their weekly girl talk at school three years ago, they never dreamed that they would one day be releasing a feature-length documentary film.

Those Thursday noon-hour group gatherings at Nechako Elementary School in Kitimat, in northern B.C., turned into a full-time film-making project lasting three years and resulting in today's release of their documentary about young girls and eating disorders, 36-24-36.

It's been a crazy and inspiring adventure, said Andrea Sanders-Crouch, who was 11 years old and in Grade 6 in February 2007 when she signed on to start the film project with her friends, Akira Klem-Smith and Justine Shaw.

"It grew out of a bunch of kids and then we got a bunch of young women from all over the world submitting photos to be part of the film."

Roderick Taylor

"It really blossomed into so much more," said Sanders-Crouch, who is excited to the point of giddiness about the documentary's screening next week at Mount Elizabeth Secondary School in Kitimat.

Sanders-Crouch is 14 now and in Grade 9. Klem-Smith is 15 and in Grade 10, and Shaw is 14, in Grade 9. Their film will be released today, and available for free on the Internet.

The girls made the documentary under the guidance of youth social worker Roderick Taylor and his wife, Suki Athwal, who live in nearby Terrace, B.C.

The film gives a first-hand perspective of battles with anorexia young girls face, said Taylor. It also explores the reality and insights of pre-adolescent girls who, prior to making the film, thought very little about the perception of female body image within our society, Taylor said.

"This film is completely grassroots," Taylor said. "It grew out of a bunch of kids and then we got a bunch of young women from all over the world submitting photos to be part of the film."

THE CANADIAN PRESS

Winter's Bone, Restrepo top at Sundance

AWARDS The Ozark Mountains drama *Winter's Bone* and the war-on-terror documentary *Restrepo* won top honours Saturday among U.S. movies at the Sundance Film Festival.

Director Debra Granik's *Winter's Bone*, the story of a 17-year-old trying to uncover the fate of her father among the criminal clans of the Ozarks, earned the grand jury prize for American dramas at Sundance, Robert Redford's showcase for independent cinema.

Granik and co-writer Anne Rosellini also won the festival's Waldo Salt screenwriting award for their script, based on the novel by Daniel Woodrell.

The awards came hours after Roadside Attractions bought North American theatrical rights for *Winter's Bone*. Roadside plans to release the film this summer.

It was the second-straight Sundance drama

winner featuring a breakout role for a young actress. Jennifer Lawrence, whose credits include Charlize Theron's *The Burning Plain*, offers a fearless lead performance in *Winter's Bone*, which follows Gabourey Sidibe's sizzling debut in the title role of *Precious*: Based on the Novel Push By Sapphire, last year's Sundance dramatic winner.

While *Precious* offered a view of a tough urban scene in Harlem, *Winter's Bone* presents a glimpse of a harsh backwoods landscape in Missouri.

"Life is really diverse on this continent that we happen to inhabit," Granik said in an interview after the awards ceremony. "I think there's something to understand that in any county, there's a story that is somewhat universal, but that it's also worthy just to note the differences and appreciate the differences



Director Debra Granik accepts the Grand Jury Prize for Dramatic Film for *Winter's Bone* at Sundance Film Festival Saturday.

among the counties that make up the 50 states, that make up, then, the larger picture."

The U.S. documentary prize went to *Restrepo*, which chronicles the lives of an American platoon fighting in Afghanistan, where the troops have erected an outpost to a fall-

incredibly honoured by that."

The audience award for favourite U.S. drama chosen by Sundance fans was given to the romance happythankyoumoreplease, written and directed by and starring Josh Radnor, the star of *How I Met Your Mother*.

Waiting for Superman — a study of the problems at U.S. public schools that was directed by Davis Guggenheim, who made the Academy Award winner *An Inconvenient Truth* — earned the audience award for U.S. documentaries.

A special jury prize was given to *Sympathy for Delicious*, Mark Ruffalo's directing debut, in which he co-stars with friend and screenwriter Christopher Thornton, who plays a paralyzed deejay with the power to heal others but not himself.

THE ASSOCIATED PRESS

Box office

Estimated ticket sales for Friday, Jan. 29 through Sunday, Jan. 31 at U.S. and Canadian theatres, according to studio figures:

- 1 Avatar:**
\$30 million US
- 2 Edge Of Darkness:**
\$17.1 million
- 3 When In Rome:**
\$12.1 million
- 4 Tooth Fairy:**
\$10 million
- 5 The Book Of Eli:**
\$8.8 million
- 6 Legion:**
\$6.8 million
- 7 The Lovely Bones:**
\$4.7 million
- 8 Sherlock Holmes:**
\$4.5 million
- 9 Alvin And The Chipmunks The Squeakquel:**
\$4 million
- 10 It's Complicated:**
\$3.7 million

THE ASSOCIATED PRESS

Chinese slaves and the U.S.



The Man from Beijing

Author: Henning Mankel
Publisher: Knopf Canada
Price: \$32 (Hardcover)

THE HISTORY of slave trading between China and the United States rears its head in modern day Sweden, in Henning Mankel's latest political crime thriller *The Man from Beijing*. A single red ribbon is all that remains after the savage slaughter of residents of the Swedish hamlet Hesjövallen. The killings hit close to home for local judge Birgitta Roslin, whose grandparents were two of the victims. When Birgitta finds a diary from the 1800s, it sends her on an international journey where she discovers a plot for vengeance spawned by past ill treatment of Chinese slaves with a solid link to the crime.

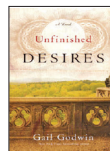


True Confections

Author: Katharine Weber
Publisher: Shayne Areheart Book
Price: \$26.95 (Hardcover)

MARRYING INTO the Ziplinsky family, the pedigree of the established Zip's Candies, hasn't been so sweet to Alice Tatnall Ziplinsky. An incessant approval seeker, Alice wants to live up to the family's demands while working

at the candy factory it built its lineage on. When Alice inherits the bulk of the operation in its darker days, she sets out to prove herself by uncovering the company's history, all the way back to its Hungarian immigrant founder Eli. Her quest unfurls a storied tale involving runaway slaves and an intended 20th century settlement for European Jews, all ingredients in Zip's Candies fantastic past.



Unfinished Desires

Author: Gail Godwin
Publisher: Random House
Price: \$32.00 (Hardcover)

AFTER MORE than 60 years teaching young girls at North Carolina private school Mount St. Gabriel's, Mother Suzanne Rayenel has a lot of stories to fill the memoir she's writing as *Unfinished Desires* unfolds. But no time sticks out more for her than 1951, when freshly orphaned Chloe Starnes arrives to the school around the same time as the young nun teacher Mother Malloy. Their presence shakes up the exclusive social circle of Tildy Stratton and everyone feels the effects. It's not until the girls find a play written by Mother Rayenel herself that they're able to discover themselves and each other a little bit better.

Brian Coulton/for Metro Canada

BookPicks

ED	C	B	S	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
prime time	2	CFRN	239	318	etalk	Access H.	CSI: Miami	"In the Wind"	Human Target (HDTV) (N)	Two/Half Men	Big Bang	CTV News
	3	KHQ	-	370	News (N)	Millionaire	Jeopardy! (N)	Wheel Fortune	Chuck (HDTV) (N)	Heroes "The Wall" (N)		Jay Leno Show
	4	CBXT	-	307	Wheel Fortune	Jeopardy! (N)	18 to Life (N)	Little Mosque	Winnipeg Comedy	CBC News: The National	The Hour	
	6	KREM	-	372	News	Access H.	The Doctors		How I Met	On Purpose	Two/Half Men	CSI: Miami (N)
	7	CKEM	241	347	Law and Order		The Jay Leno Show (N)		The Bachelor: On the Wings of Love (HDTV) (N)		Big Bang	EP Daily
	8	CTV	240	339	ET Canada	Entertainment	Heroes "The Wall" (N)		House (HDTV PA) (N)	24 (HDTV PA) (N)		News Hour
	11	OMNI	-	-	King/Queens	The Simpsons	Omni News: S. Asian Edition		Omni News: Cantonese Edition	Two/Half Men	Two/Half Men	Metropia
	13	KXLY	-	371	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	The Bachelor: On the Wings of Love (HDTV) (N)			Castle
	16	KAYU	-	373	The Office	Raymond	Two/Half Men	Two/Half Men	House (HDTV PA) (N)	24 (HDTV PA) (N)		News
	22	KSPS	-	374	PBS NewsHour (N)		'Allo, 'Allo!	Steves Europe	Antiques Roadshow (N)	American Experience (DVS)		
news	24	WTVS	-	364	American Experience (DVS)		Small Town, Big	Dreams	Keeping Up			
	15	CBCN	502	-	CBC News: The National		Future Earth: 2025		CBC News: The National			Future Earth
	21	TWN	505	398	(5) EarthWatch One		EarthWatch One		EarthWatch Two			
	27	CNN	500	500	Larry King Live (N)		Anderson Cooper 360 (HDTV)			Larry King Live		Cooper 360
	54	CTV	501	391	CTV News Tonight		CTV News	CTV News	CTV News	CTV News	CTV News	CTV News
	70	BNN	504	508	Squeeze Play		Business News	Berman's Call	Market Call Tonight	Headline	MoneyTalk	Squeeze Play
	20	TSN	400	400	Curling Scotiabank Tournament of Hearts (Live)		SportsCentre (HDTV) (Live)			Off the Record	Motoring 2010	NewsTrax
	23	net	408	418	Flames Conn	NHL Hockey Philadelphia Flyers at Calgary Flames (HDTV) (Live)				Sportsnet Connected	Flames in Hour	Auctions
	47	SPEED	417	406	Barrett-Jackson		Barrett-Jackson		Car Crazy	NASCAR Hub	SuperCars	SuperCars
	94	SCORE	410	403	(7:15) WWE Monday Night RAW (HDTV)				(9:15) Score Now		WWE Monday Night RAW	
family	9	EDACC	267	351	Alberta Primetime (Live)		Castle (HDTV)		Tough Love		The Listener (DVS)	Primetime
	14	TVY	522	543	iCarly	To Be Indie	Scorpion	Scorpion	Malcolm-Mid.	Hates Chris	8 Simple Rules	Family Biz
	17	TREE	553	546	Little Bear	Bucket-Dinos	Babar	Big & Small	Max & Ruby	Dragon (DVS)	Backyardigans	Ni Hao, Kai-Lan
	42	TOON	555	545	Jimmy Two	Johnny Test	Scoby-Doo	Total Drama	6TEEN	Futurama	King of the Hill	American Dad
	45	FAM	557	541	Han. Montana	Wizards-Place	Sonny Chance	Suite Life	Overruled!	Han. Montana	Wizards-Place	Latest Buzz
	-	TVA	521	714	TVA nouvelles	Le Cercle (SC)	Rachid	Mt	Yamaska (HDTV) (N) (SC)		Dr. House "Crises de foi" (SC)	TVA nouvelles
	18	CMT	575	583	(6) Father of the Bride (1991, Comedy)			Father of the Bride Part II *** (1995, Comedy)	Steve Martin, Martin Short.			Father of the Bride
	25	A&E	615	520	Intervention (HDTV) (N)		Hoarders "Tra: Jill" (N)	Paranormal	Paranormal	(10:01) Intervention		Intervention
	26	MMM	571	581	Behind the Music		Entourage	Wild 'n Out	mm10p.ca	Behind the Music	Entourage	Top Chef
	29	FOOD	603	561	Top Chef Masters		Pitchin' In	Glutton	Restaurant Makeover	Diner, Drive-In	Unwrapped	Top Chef
cable variety	31	SHOW	617	522	Trailer Park	Trailer Park	Relic Hunter	Dirty Jobs: Egg Farm	Daily Planet	MythBusters	Real Housewives NYC	Housewives
	32	DISC	520	505	Breaking Point "House"		Love Inc.	Love Inc.	ET Canada	What Happen?	Love It or List It	Love It-List It
	33	SLICE	601	562	Tori & Dean: Home		Supernanny	Ultimate Cake Off (N)	How Clean Is	How Clean	Cake Boss	Ultimate Cake
	34	W	602	567	House-Sell	House-Sell	Cake Boss	Law & Order	Cake Boss	Without a Trace	Police Chases	CSI: Cri. Scene
	36	BRAVO	520	523	Neil Young: Heart of Gold *** (2006, Documentary)			UFC 109 Countdown				Neil Young
	38	SPIKE	628	584	(6) Batman *** (1989, Action) Jack Nicholson.							Wrong Turn
	39	AMC	-	-	(6) Dante's Peak *** (1997, Action)							Shockwave
	40	HIST	522	506	Lost Worlds		Shockwave					John Oliver
	41	COM	526	547	Just for Laughs		Air Force	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	South Park
	43	SPACE	627	528	Grendel (2007, Adventure) Chris Bruno, Ben Cross.		Freedom Writers *** (2007, Drama)		Hilary Swank, Patrick Dempsey.			Freedom Writers (2007)
cable variety	44	WPCH	294	650	Law & Order: Special Victims		Ghost Writers International		Destination Truth	Operate-Repo	Operate-Repo	Ghost Hunters
	46	OLN	411	457	Operate-Repo		Re-Vamped		Parking Wars	Flipping Out "Jenni 911"		Launch/Line
	48	TROP	619	525	Carlawood	Prod. Parker	The Dr. Oz Show (HDTV)		TMZ	Access H.	Extra	Dr. Oz Show
	50	STAR	621	527	The View (HDTV) (N)		House Hunters	House Hunters	Holmes on Homes	Marriage	Income Prop.	For Rent
	52	HGTV	600	564	My First Place		George Lopez	George Lopez	Lopez Tonight	Raymond	Raymond	Paid Program
	65	TLN	700	800	(II) Commissario		New Canoe	Storytellers	MYTV	Arbor Live		Cashing In
	93	VISION	261	394	Blue Murder		Unscripted (N)	Archaeologist	Pottergeist: The Legacy			
	100	MTV	581	566	(6:30) Teen Mom		Buried	Life of Ryan	MTV Live	After Show		Buried
	101	MM	570	580	disBAND	Video on Trial	Love Court (N)	My Date With...	MuchOnDemand			
	102	CPAC	512	396	(6:30) PrimeTime Politics		Tete a Tete		The Public Record	Prime-Politics	PrimeTime Politics	
cable variety	103	VIVA	526	507	The Closer		Cold Case		Mediums	Ghostly Enc.	Judging Amy	Missing
	106	RDI	126	730	Le Téléjournal (SC)		RDI économie	Le National	Le Téléjournal (SC)		24 Heures en 60 minutes (SC)	Le Téléjournal
	161	SUPER	-	-	Sons of Anarchy "Smile"		Men of a Certain Age		Skins "Naomi" (HDTV)		Sons of Anarchy "Smile"	Certain Age

CLUB METRO
WEEKLY
REWARDS

YOU COULD WIN

1 OF 5
3GS IPHONES

YOU COULD WIN

A BE MORE CONFIDENT
IN 2010 PRIZE PACK!visit
clubmetro.com
to redeem your
club metro rewards!

To register and for full contest details visit clubmetro.com



Oprah sure knows how to treat herself — she celebrated her 56th birthday on Jan. 29 with two new family members, 14-week-old springer spaniel siblings Sunny and Lauren, people.com reports. **METRO NEWS SERVICES**

Celebrity Buzz

Just a regular date night

YOU KNOW, BUT WEARING A \$6,000 GOWN Brad Pitt and Angelina Jolie stepped out Saturday night to attend the Directors Guild of America

Awards in Los Angeles — and observers say the couple was as happy as can be, people.com reports.

"They looked very giggly," an onlooker told People.

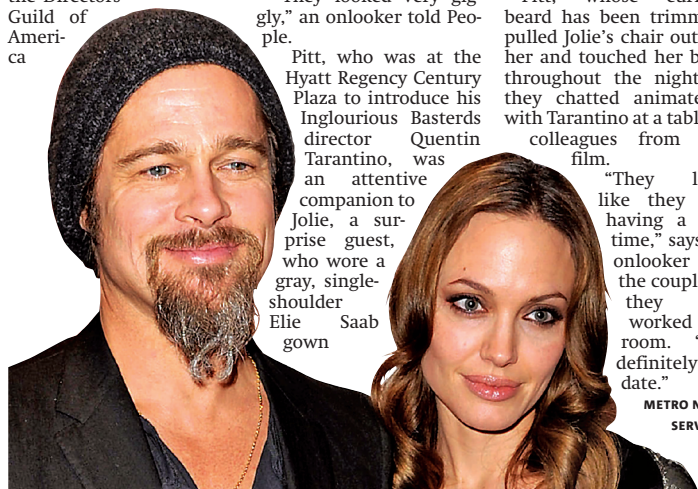
Pitt, who was at the Hyatt Regency Century Plaza to introduce his Inglourious Basterds director Quentin Tarantino, was an attentive companion to Jolie, a surprise guest, who wore a gray, single-shoulder Elie Saab gown

with gold hoop earrings by Ofira Schwartz, Stuart Weitzman shoes and a vintage bag.

Pitt, whose curious beard has been trimmed, pulled Jolie's chair out for her and touched her back throughout the night as they chatted animatedly with Tarantino at a table of colleagues from the film.

"They look like they are having a fun time," says an onlooker of the couple as they worked the room. "It's definitely a date."

METRO NEWS SERVICES



Kanye lives for fashion

AND THAT INCLUDES WEARING DEAD ANIMALS Just when you thought Kanye West had calmed down, he ranted about — of all things — why he's a "rock star" for wearing fur, us-magazine.com reports.

After PETA criticized the rapper, 32, for wearing fur during Men's Fashion Week in Paris last week, West — who also made the animal-rights organization's list of worst-dressed celebrities of 2009 — defended himself by leaving one of his typical all-caps tirades on his blog. "When

it's all said and done, remember the fearless, remember the dreamers, remember those

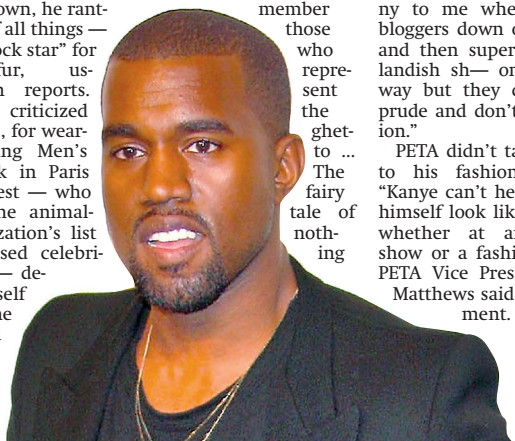
who represent the ghetto to ... The fairy tale of nothing

to something," West wrote late Friday.

He continued, "It's funny to me when fashion bloggers down our outfits and then super jock outlandish sh— on the runway but they dress mad prude and don't live fashion."

PETA didn't take lightly to his fashion choices. "Kanye can't help making himself look like an idiot, whether at an awards show or a fashion show," PETA Vice President Dan Matthews said in a statement.

METRO NEWS SERVICES



Song from a cheating heart

LA LA LA, I'M LEAVING YOU Before launching into a cover of Patty Griffin's Let Him Fly Friday night, LeAnn Rimes told the crowd at Las Vegas's Eastside Cannery, "This song spoke to me in the past few years, especially the past year. One of the hardest things in life is to let someone go that you really love," people.com reports.

Rimes sang, "It took a while to understand the beauty of just letting go, 'cause it would take an acrobat, I already tried all that."

"I think Griffin hit it right on the head with

this song," she said.

People.com wonders if she was singing about Dean Sheremet, her husband of nearly eight years.

The couple reached a divorce settlement last month, though the two will remain married until June 19, 2010.

Their marriage crumbled as Rimes began a relationship with actor Eddie Cibrian, who she met on the set of a movie they filmed together.

Cibrian, who was also married at the time, is now divorcing Brandi Glanville.

METRO NEWS SERVICES



Get him off! Get him off!

IT'S NOT WHAT YOU THINK

Rumors of Blake Fielder-Civil's cheating may have derailed Amy Winehouse's plans to remarry him, and she's now looking to erase him from her skin as well, tattoo artist Henry Hale tells the Sun. Hale says that Winehouse is looking to have her "Blake"

tattoo on her chest covered up. "I didn't ask her what her reasons were. I imagined she wanted to move on," he tells the newspaper. "She was just like, 'It needs to go.' She wanted it covered."

METRO WORLD NEWS



She doesn't want to butt out

BECAUSE SMOKING TASTES DELICIOUS Gossip Girl star Taylor Momsen is taking flak after photos surfaced from the set of her series showing the 16-year-old puffing away on a cigarette.

"She really has an extra responsibility to bear as an actress idolized by little girls out there," Foundation for a Smoke-Free America director Patrick Reynolds tells Us Weekly. "For her to be smoking sends

the wrong message to kids." Momsen, however, is undaunted.

"I didn't get into this to be a role model," she recently told the U.K. Times. "So I'm sorry if I'm influencing your kids in a way that you don't like, but I can't be responsible for their actions. I don't care."

METRO WORLD NEWS



Smelling Spencer's roses

OR SHE WOULD IF SHE DIDN'T HAVE BANDAGES COVERING HER NEW NOSE Heidi Montag is reportedly getting hate mail because of her highly publicized plastic surgery spree, according to Life & Style, and husband Spencer Pratt is doing what he can to help.

"Spencer ordered about seven bunches of flowers to cheer up Heidi because she'd received a letter or an e-mail saying that her plastic surgery was against God's will," a source tells

the magazine. "Heidi's apparently very spiritual, so this kind of criticism really stings."

METRO WORLD NEWS



Prioritizing all over the place

FAMILY OVER FAME? Nick Cannon insists he and Mariah Carey are looking to start a family once they can find some time in their busy work schedules.

"We absolutely plan to have a family. But we gotta prioritize, be-

cause that's a major, major priority," he tells MTV News. "That's like the only priority in life, when you think about it, is starting and raising a family. We wanna make sure everything is out of the way and that we don't have any distractions."

METRO WORLD NEWS



Follow these celebrities on Twitter...

CelebTweets

MARTHA STEWART is looking for support, **AARON CARTER** doesn't want you to worry about him, **PAOLO COELHO** isn't thrilled with who's helping Brazil prep for the Olympics, and **TILA TEQUILA** has some worries about parenthood.

@MarthaStewart by the way I would like to get to 2 million followers this week to win a bet (also lose a bet) any ideas?

@AARONCARTER7 No one should worry Im like Mohammed Ali I will succeed I will reach the top no matter what da haters say! Keep hating it keeps me motivated

@paolocoeHo Tony Blair deserves Hague, not Rio. Governor Sergio Cabral, please don't do that. I was in Copenhagen for athletes, not for murderers.

@OfficialTila I dont know the sex of my child yet but I hope its a boy! Cuz if its a girl shes gonna be HELLA FINE & ALL the guys will be on her! headache Damon.



METRO WORLD NEWS

A healthy appetite

AND A HIGHLY ACTIVE METABOLISM, RIGHT? Nicole Richie still takes issues with reports from several years ago that claimed she was anorexic after the Simple Life star dropped a considerable amount of weight quickly in 2006.

"I felt it was a little unfair to say someone has an eating disorder when they don't," she tells Marie Claire magazine. "It's extremely insulting and irresponsible. An

eating disorder is serious and it's a disease."

METRO WORLD NEWS





Today
Mostly cloudy
-6°C / -17°C



Tuesday
Mostly cloudy
-7°C / -17°C

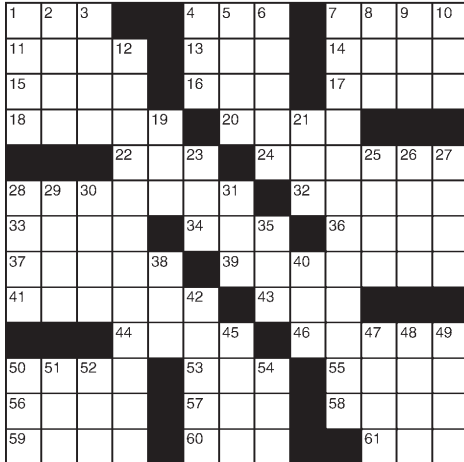


Wednesday
Mostly cloudy
-7°C / -16°C



Michele McDougall, Weather Specialist & Host - Breakfast Television

"My favourite part is reporting the weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes!" **WEEKDAYS AT 6 A.M.**



ACROSS

1 Sheepish remark
4 Springtime mo.
7 Reed instrument
11 Lisa, ex of "The View"
13 H1N1, for example
14 Tarzan's transport
15 Smell
16 Spinning toy
17 Paradise
18 Hiawatha's craft
20 Have on
22 Actress Merkel
24 Poor substitute
28 Baby sitter, often
32 Actress Sevigny
33 Fat
34 Sort
36 Competent
37 Pruritic
39 Summer footwear
41 Advantage

43 As well
44 Sea bird
46 Spin
50 Start a garden
53 Melody
55 Reverberate
56 Entreaty
57 Possibly will
58 Serves the purpose
59 Partner in crime
60 Before
61 Singer — "King" Cole

DOWN

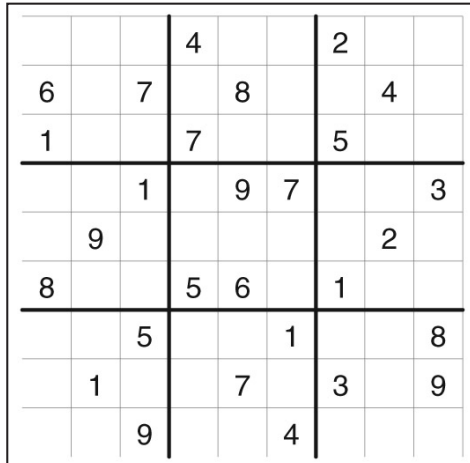
1 United nations
2 Verdi opera
3 In due time
4 Sternward
5 Clear the streets of snow
6 Money of India
7 Was more important than
8 Auction action
9 Inseparable
10 Still, in verse
12 February 2nd
19 Conclusion
21 Joan of —

23 Parisian pal
25 Actress Jessica
26 Highway payment
27 Zorro's marks
28 Smooth-talking
29 Assess
30 — enemy
31 Capp and Capone
35 "Krazy —"
38 Thee
40 "... or — to be"
42 Lighter output
45 Storyteller
47 PC picture
48 Comedian Caroline
49 Missing
50 Hot tub
51 Right angle
52 Slithery fish
54 "Catcher in the —"

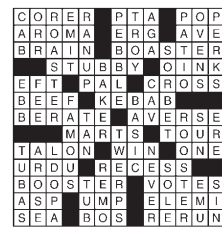
Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca



Metro Recipe of the Day



Aromatic Chicken and Vegetable Steamboat

INGREDIENTS:

1 lb (500 g) skinless boneless chicken breasts, thin strips
1/2 tsp (2 mL) five-spice powder
2 tbsp (25 mL) soy sauce
1 1/4-in. (3-cm) piece fresh ginger, peeled and chopped
1 celery stick, sliced
1 garlic clove, sliced
1 strip lemon peel
6 cups (1.5 L) chicken stock
1 red pepper, chunks
1/2 lb (250 g) baby corn
7 oz (200 g) broccoli florets
2 scallions, thinly sliced
1/2 lb (250 g) rice noodles
1/2 lb (250 g) bok choy, quartered lengthwise

METHOD:

1. Put chicken into bowl. Add five-spice powder and soy sauce, and mix well.

Set aside.

2. Put ginger into pot with celery, garlic, lemon peel and stock. Boil, then reduce heat. Cover and simmer 5 minutes.
3. Add chicken to stock, then add red pepper, corn and broccoli. Bring back to boil and simmer until chicken is cooked and vegetables are barely tender.
4. Add scallions and noodles; stir, then bring back to boil. Lay bok choy over top and simmer or until bok choy leaves are wilted and noodles are cooked.
5. Ladle cooked ingredients into bowls with broth.

SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!



Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES

MARCH 21-APRIL 20

Someone you meet out there in the big wide world will become an important person in your life over the next few months.



TAURUS

APRIL 21-MAY 21

Something you hear will make you feel a lot better about your money situation today. It will also make you realize how silly it is to fear the worst.



LIBRA

SEPT 23-OCT 23

The Sun in your fellow Air sign of Aquarius means you are sending out a lot of highly positive signals at the moment.



SCORPIO

OCT 24-NOV 22

Good news about your money situation will arrive out of the blue but you may not see it as good news if you are in one of your more negative moods.



GEMINI

MAY 22-JUNE 21

You will be inspired to try again at something you have almost but not quite given up on. You have what it takes to be a winner.



SAGITTARIUS

NOV 23-DEC 21

It will pay you to listen to what friends and colleagues have to tell you today, even if what they say is not what you were hoping to hear.



CANCER

JUNE 22-JULY 22

You will receive some news from a close friend or relative today that puts a more positive slant on something you have been worrying about.



CAPRICORN

DEC 22-JAN 20

Get the week off to a flying start. Even those who know you best will think you have taken leave of your senses but they could not be more wrong.



LEO

JULY 23-AUG 23

Do you believe in yourself? You should, because if you believe in yourself then all things are possible. Fame and fortune await you.



AQUARIUS

JAN 21-FEB 18

You have an ability to see things that other people miss, things that can be turned to your advantage.



VIRGO

AUG 24-SEPT 22

Don't bother trying to predict how someone is going to act because you are on completely different wavelengths.



PISCES

FEB 19-MARCH 20

You will receive news that does not exactly delight you today, but if you face up to it and deal with it properly it won't bother you again.



"AWESOME"
— Real user review
The free Metro Canada application is available on the App Store.
Don't have an iPhone or iPod touch? Visit m.metronews.ca for news on the move.
Available on the App Store metronews.ca

This day in history

1790: In New York City, the Supreme Court of the United States attempts to convene for the first time.
1865: President Abraham Lincoln signs the Thirteenth Amendment to the United States Constitution.
1884: Edition one of the Oxford English Dictionary is published.
1920: The Royal Canadian Mounted Police begins operations.
1924: The United Kingdom recognizes the USSR.
1993: Gary Bettman becomes the NHL's first commissioner.
2005: Canada introduces the Civil Marriage Act, making Canada the fourth country to sanction same-sex marriage.

METRO NEWS SERVICES

TAKE A BREAK FROM WORK

Visit metronews.ca to watch

metrotube of the day

16 new ways to make life a little easier.

ESPN Score Center

Free • Get instant scores and updates on the fly from one of the most reliable names in sports news. ESPN's personalized scoreboards let you organize by sport and team so you get the updates you want, fast.

Twittelator Pro

\$4.99 • Do you tweet? Use Twittelator Pro to send updates on the go, and bring them to life with photos and videos captured right on your iPhone.

The Sims 3

\$6.99 • The ever-popular computer game arrives on the iPhone. Customize your Sims, explore stunning 3-D worlds and experience everything "real" life has to offer.

Tom Tom U.S. & Canada

\$99.99 • Turn your iPhone into a fully featured Sat Nav with Tom Tom's expert voice-guided turn-by-turn directions, automatic re-routing, and more. It even links with your contacts list to give you directions to any address.

CBC Radio

Free • Listen to CBC Radio on your iPhone. Tap into 19 live streams and over 60 popular programs on-demand. Browse archived episodes and create a favorites list for quick access to the programs you love.

Cooliris

Free • Bring the web's most interesting photos, videos and news right to your iPhone on an endlessly streaming wall. Browse content with the flick of a finger, then share via email or Twitter.

Wine Ph.D.

\$4.99 • Go from wine novice to enthusiast in seconds. Just use your iPhone to search the Wine Ph.D. database by name, producer, varietal, region, food pairings or published ratings.

Local Concerts

Free • Want to know who's playing tonight? Local Concerts taps your music library and a large global database to notify you of upcoming shows. Browse events by date or venue, then buy tickets right from your iPhone.

TuneWiki

Free • Listening to music on your iPhone and want to know the lyrics? TuneWiki serves up lyrics to songs from your iTunes library so you can follow along as the song is playing.

Epicurious

Free • Can't decide on dinner? Get Epicurious recipes right on your iPhone. Search by type, what's in your fridge or what's in season. Then make a shopping list with the touch of a button.



Barista

\$2.99 • Let your iPhone teach you how to make coffee-shop quality espresso, even when you're at home with step-by-step directions on everything from pulling the perfect shot to pouring latte art.

GoodGuide

Free • Shop green with your iPhone. Now you can easily check the health, environmental and social impact of over 70,000 products, from food to toys, on the go and before you buy.

Mover

Free • Now it's easier than ever for two iPhones to share stuff. With just the swipe of a finger, you can transfer photos, contacts and more to another iPhone over the same WiFi network.

Rocket Taxi

\$1.99 • Ever notice cabs are scarce when you need one? Using your iPhone's built-in GPS feature, Rocket Taxi will find a taxi closest to you. Then all you have to do is tap to call for your ride.

AroundMe

Free • When travel takes you to a new place, AroundMe can quickly find nearby businesses from the nearest bank to the closest gas station then route them for you using your iPhone's GPS.

Convertbot

\$0.99 • Convert currency, length, mass, time and more. Convertbot's simple, intuitive interface makes conversion easy, even handling mixed units, like feet and inches.

It's amazing how much stuff you can do with an iPhone. With all kinds of apps to help with everything from shopping to gaming to cooking to tweeting. In fact, there are over 90,000 apps for just about anything, only on the iPhone.

Bell

Apple iPhone 3G S